

GOURMAND AWARDS 2013 CONGO DEMOCRATIC REPUBLIC

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The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.

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4 – LIFESTYLE, BODY AND SOUL

Sustainable food

Aliments et denrées alimentaires traditionnels du Bandundu en R.D. Congo - Théophile M'Bemba Fundu di Luyindu, Jose Remacle, Jacques Paulus, Anita Abraham, Timi Timi Mbi Apolar, Noëlie Kwilu - L'Harmattan Congo

5 – SUBJECTS

Vegetarian

Aliments et denrées alimentaires traditionnels du Bandundu en R.D. Congo - Théophile M'Bemba Fundu di Luyindu, Jose Remacle, Jacques Paulus, Anita Abraham, Timi Timi Mbi Apolar, Noëlie Kwilu - L'Harmattan Congo

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