

# GOURMAND AWARDS 2013

## RUSSIA

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*The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.*

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### 1 – BEST AUTHORS AND CHEFS

#### Chef

*My Odessa Cuisine* - Saveliy Libkin - Eksmo

#### TV

*Mangal* - Stalic Khankishiev - AST

#### Entertaining

*The Holiday Cooking* - Irina Stepanova - Eksmo

#### Blog

*Gourmet Recipes* - Nika Belotserkovskaya - Eksmo

### 2 – PUBLISHERS

#### Photography

*Confectionary Art for Beginners* - Alexander Seleznev, Photo: ekaterina Morgunova - Eksmo

#### Digital

[www.shop.chefmarket.ru](http://www.shop.chefmarket.ru) – Sergey Ashin – Chef Market

#### Series

*Larousse Gastronomique, XII* – Chernov

#### Translation

*Nature Bébés* – Alain Ducasse - Chernov

### 3 – WORLD CUISINE

#### Local cuisine

*My Odessa Cuisine* - Saveliy Libkin - Eksmo

#### Foreign cuisine

*The Most Delicious routes of Europe* - Aram Mnatsakanov – Eksmo

## French cuisine

*Gourmet Recipes* - Nika Belotserkovskaya - Eksmo

## Italian cuisine

*Italian Cuisine* - Pietro Rongoni, Photos: Ulia Kurgan - AST

## Eastern Europe cuisine

*My Odessa Cuisine* - Saveliy Libkin - Eksmo

## Asian cuisine

*Pilaf, Eastern Feast* - Hakeem Ganiyev - Eksmo

## Arab cuisine

*Pilaf, Eastern Feast* - Hakeem Ganiyev – Eksmo

## Jewish cuisine

*Became a legend - Jewish cuisine* – Chef Andrew Eppelbaum, Pavel Rabin, Photos : Valery Velikov - AST

## 4 – LIFESTYLE, BODY AND SOUL

### Health & nutrition

*The Delicious Recipes for Slimness and High Spirits* - Andrea Gally - Eksmo

### Children

*The Holiday Cooking*, Irina Stepanova, Eksmo

### Culinary history

*True Stories of the Soviet Cuisine* - Olga Syutkina, Pavel Syutkin - AST

### Culinary travel

*Kebabs* - Hakin Ganiev - Eksmo

## 5 – SUBJECTS

### Easy recipes

*No time to cook* - Elena Koldynova - Eksmo

### Single subject

*Buns for Lelik* - Yulya Vysotskaya - Eksmo

### Pastry & sweets

*Confectionary Art for Beginners* - Alexander Seleznev, Photo: ekaterina Morgunova - Eksmo

### Barbecue

*Mangal* - Stalic Khankishiev - AST

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For more information : Edouard Cointreau – GOURMAND INTERNATIONAL  
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